

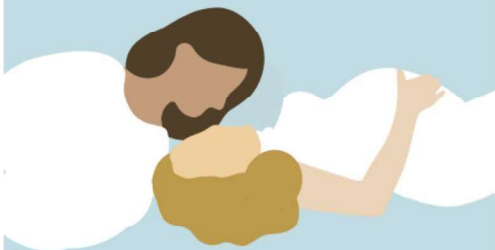
# OPIOID OVERDOSE + PREGNANCY

When overdoses happen, giving naloxone (Narcan®) saves lives - including the lives of pregnant people and their babies

## 1. NARCAN 2. RESCUE BREATHS 3. GET HELP

An overdose slows or stops breathing and keeps oxygen from getting to the body and brain.

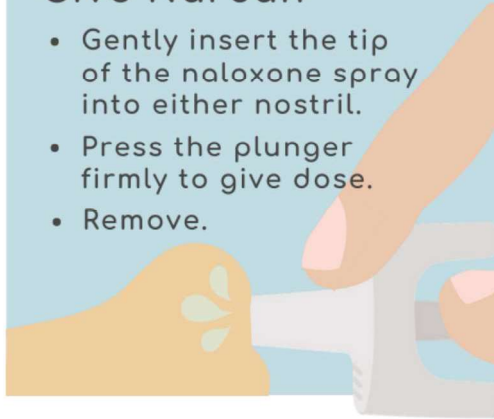
### Check for breathing



★ Give rescue breaths.

### Give Narcan

- Gently insert the tip of the naloxone spray into either nostril.
- Press the plunger firmly to give dose.
- Remove.



Place the person in the recovery position on their left side to improve blood flow to the placenta.



If you think they have injured their back or neck don't move them.

Get Naloxone [www.naloxoneforall.org](http://www.naloxoneforall.org)

### Call 911

Tell the dispatcher that you are with a pregnant person who is not breathing and you need paramedics.



You do not need to tell them that this may be a drug poisoning or overdose. If you do, they may send police officers.

Stay with the person or find someone who can until paramedics arrive.



"Good Samaritan" laws and statutes protect people who help those who may be experiencing an overdose.

When help arrives...

Tell the responders that the person takes opioids and may have taken too much and overdosed.



Respond to overdose in a pregnant person exactly the same as you would for anyone else.