



If enough people wear masks.
We can protect each other.

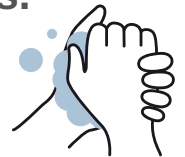
There is no way to completely eliminate the risks

of COVID-19

DO THE BEST YOU CAN.

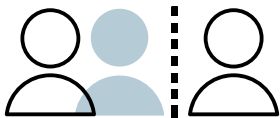
If we all do the best we can, it will be good enough!

Wash your hands often with **soap and water for 20+ seconds**.
Or use a **hand sanitizer that is 60% alcohol**.



Wear a mask if you can.

Wash your used cloth masks in hot water and/or
put in the **dryer on high** for at least **30 minutes**



If you have **symptoms**, **isolate** from others but
communicate with your community about your needs.

Don't take essential supplies from healthcare workers.

