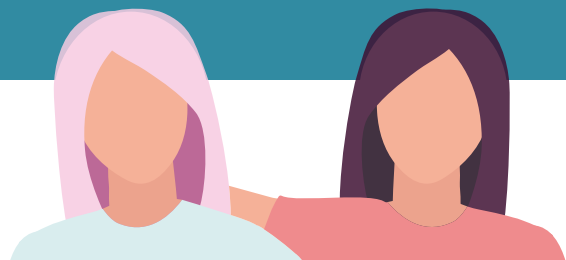


TIPS FOR SAFER USE

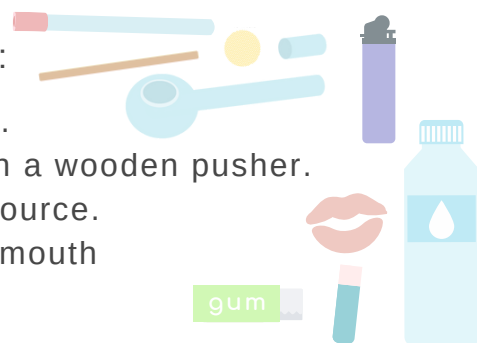
Empower yourself and the people you care about. Learn what you can do to reduce the risk - and increase the benefits - associated with substance use.



- **Know where what you're using came from.** Ask questions.
- **Don't use alone.** Use with someone you trust.
- **Use in a safe place,** like at home or at a safe consumption site.
- **Take control** of what you use, how much you use, and how you use it.
- **Learn how to test** powders and pressed pills for **fentanyl**.
- **Start with a small amount. Start Low. Go slow.**
- **Rest, stay hydrated, eat healthy.**

If you are smoking with a glass pipe, please remember:

- **Use your own mouthpiece or pipe** to prevent infections.
- Keep particles out of your lungs. **Put filters in place** with a wooden pusher.
- **Use PYREX® (borosilicate) pipes** and a reliable heat source.
- **Drink water, use lip balm, and chew gum** to keep your mouth and lips moist and to help prevent cracks or blisters.



If you are snorting, please remember:

- Look at your drugs. Do they **smell, feel, and taste** like they should?
- Snort off of a fresh, **clean surface**.
- **Use a clean, new, disposable straw or spoon** - don't share.
- **Rinse your nostrils.** If they get irritated use lip balm or vitamin E oil.



If you are injecting, please remember:

- **When possible, learn how to safely** inject on your own so you don't have to depend on someone else to inject you.
- **Wash your hands** with soap and water for 20+ seconds.
- **Clean the skin** before every injection.
- Use **clean, sterile water**, a **cotton filter**, and a **disposable cooker**.
- If you need to dissolve your drugs, **use as little acid (vitamin C) as possible**.
- Use a **new syringe for each injection**.
- Use your own equipment. **Don't share**.
- Put used syringes in a thick, plastic **sharps container**.



Always store your substances and equipment safely and securely away from children.