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If you are interested in adapting this publication for where you live, contact Erika Goyer Erika@perinatalharmreduction.org
Harm Reduction Coalition is a national advocacy and capacity-building organization that works to promote the health and dignity of individuals and communities who are impacted by drug use - including pregnant and parenting people.

The Academy of Perinatal Harm Reduction provides evidence-based, inclusive, affirming education for parents and providers. Our work is informed by lived experience and is focused of the intersection of substance use and reproductive health.

www.harmreduction.org

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- Always seek the advice of your physician or other qualified health provider with any questions you may have regarding a medical condition.

- Never disregard professional medical advice or delay in seeking it because of something you have read on in these pages or on our websites.

NATIONAL HARM REDUCTION COALITION

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