

YOUR RIGHTS AS A PREGNANT PATIENT AND PERSON WHO USES DRUGS



How do you know if you're getting quality care? These are some of the attitudes and beliefs that quality healthcare providers and other community members demonstrate.



- *You have the right to make decisions about your body and your health care - including when and how to become a parent.*
- *You have the right to respectful, individualized care that addresses all your healthcare needs.*

- *You deserve culturally-respectful care.*
- *You deserve to have your questions answered so that you have all the information you need to make informed decisions.*
- *You deserve to be treated with dignity and have your privacy protected.*
- *You deserve care that reflects your values, goals, priorities, and preference.*



People of all genders can get pregnant, have healthy births, and produce milk for their babies.

- *You deserve care that affirms your gender identity.*
- *You deserve providers who understand your unique reproductive healthcare needs.*

www.birthforeverybody.org

www.transcare.ucsf.edu/guidelines

