When overdoses happen, giving naloxone (Narcan®) saves lives - including the lives of pregnant people and their babies.

1. RESCUE BREATHS...
2. NARCAN...
3. GET HELP.

Place the person in the recovery position on their left side to improve blood flow to the placenta.

If you think they have injured their back or neck don’t move them.

Stay with the person or find someone who can until paramedics arrive.

Call 911
Tell the dispatcher that you are with a pregnant person who is not breathing and you need paramedics.

You do not need to tell them that this may be a drug poisoning or overdose. If you do they may send police officers.

Tell the responders that the person takes opioids and may have taken too much and overdosed.

Respond to overdose in a pregnant person exactly the same as you would for anyone else.

www.harmreduction.org
www.perinatalharmreduction.org

Academy of Perinatal Harm Reduction
National Harm Reduction Coalition