

# OPIOID OVERDOSE + PREGNANCY



When overdoses happen, giving naloxone (Narcan®) saves lives - including the lives of pregnant people and their babies

**1** RESCUE BREATHS... **2** NARCAN... **3** GET HELP.

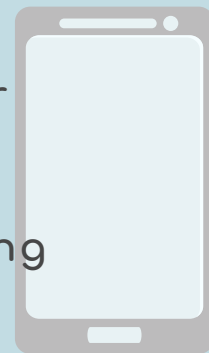
Place the person in the recovery position on their left side to improve blood flow to the placenta.



If you think they have injured their back or neck don't move them.

Call **911**

Tell the dispatcher that you are with a pregnant person who is not breathing and you need paramedics.



You do not need to tell them that this may be a drug poisoning or overdose. If you do they may send police officers.

Stay with the person or find someone who can until paramedics arrive.



Tell the responders that the person takes opioids and may have taken too much and overdosed.



Respond to overdose in a pregnant person exactly the same as you would for anyone else.



Academy of Perinatal  
Harm Reduction

[www.harmreduction.org](http://www.harmreduction.org)

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**NATIONAL  
HARM REDUCTION  
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