

# Principles of Perinatal Harm Reduction

DIGNITY + SUPPORT

**Safety** Seeking pregnancy care shouldn't be dangerous. Talking openly about substance use should be part of everyone's routine care.



**Autonomy** We should respect each other's ability to make informed healthcare decisions that reflect our priorities + preferences.



**Shared Decision-Making**

Providers should work with patients to explore all their options - then they should support their goals.



**Informed Consent** If we're going to give informed consent we need to talk about what we're being asked to do and why. If we don't have the power to say no, it's not consent.



**Do No Harm** Parents and babies need each other. It's unethical to drug test without consent or to collect evidence that can be used to cause harm. ASK: Is the test medically necessary?

