As a **PRINCIPLED PROVIDER**

**I believe in...**

**PATIENT AUTONOMY**
I believe that you are the expert on your body and your health. I commit to providing you with care that respects your right to self-determination. I acknowledge that there are barriers to accessing quality healthcare and that the medical environment is potentially traumatic. So I will do my best to reduce the imbalance of power that can exist between patients and providers.

**HARM REDUCTION**
I believe that it is my responsibility to help you assess your medical needs and create a care plan to meet those needs. I care about your wellbeing. So I will work with you to identify your unique risk factors and mitigate their negative consequences. I will help you to be as healthy as you can be, even when your choices are different from what I think you should choose.

**SHARED DECISION-MAKING**
I promote evidence-based medical care. I will give you as much information and guidance as you need to make educated decisions about your healthcare. I will work with you as you explore all your options, and together we will arrive at solutions that reflect your values and preferences.

**INFORMED CONSENT**
I will promote transparency and collaboration. My ethical obligations as a provider require that I do no harm. So I commit to protecting your health information. If I am required by law to share the results of drug screenings, I will advise you of that and we will work together to make a plan to help reduce the potential harm of that report.