Learn how to securely store your medications and substances. Keep them up and away - and out of children’s sight and reach.

* Ask everyone around you to do the same.

### MEDICATIONS
- Keep prescription medications in their **original, childproof containers**.
- Store methadone take-homes in their **lock box**.
- Keep a **count** of what you have.

### ALCOHOL
- Keep alcoholic beverages **up, away, and out of sight**.
- **Store drinks in their original containers**.
- Don’t leave **open containers** or **drinking cups** unattended.
- Lock up booze in a **liquor cabinet** or use **bottle locks**.

### TOBACCO AND NICOTINE
- **Nicotine is toxic** - Keep nicotine products out of reach of kids and pets. Contact Poison Control in an emergency.
- Don’t keep **nicotine gum** in your purse. Keep it in a **child-resistant container**.
- Keep vape juice and nicotine cartridges in their **child-proof packaging**.

### CANNABIS PRODUCTS
- Keep your weed locked up. **Buy a box** or **bag** with a **combination lock**.
- Keep **vape cartridges** in child-proof containers between uses.
- Label **edibles** and store them **up, away, and out of sight**.
- Keep products you’ve bought from a **dispensary** in their **original child-resistant packaging**.

Put your medicines **up and away** and out of sight. **In an EMERGENCY:**
(800) 222-1222
Text **POISON** to (301) 597-7137

www.perinatalharmreduction.org